

Yami[®]

lowfat yogurt



CRAFTED IN THE NORTHWEST

— SINCE 1954 —

Stir Up Lowfat Goodness

Though this yogurt is made with fresh Grade A milk from local dairies, it's wonderfully lactose-free. It's free of lots of other things too: no artificial flavors, no preservatives, no synthetic rBST in the milk, no gluten. Yet it's loaded with nutritious goodness! Yami Lowfat Yogurt dishes out live & active cultures, calcium, protein, Vitamins D3 and A Palmitate to boost health. Mix the fruit on the bottom into the yogurt and enjoy every deliciously swirled spoonful.



LACTOSE-FREE | GLUTEN-FREE | LIVE & ACTIVE CULTURES | VITAMINS A & D3

Yami Lowfat Yogurt	Serving Size	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Total Sugars	Added Sugars	Protein	Calcium (% DV)	Iron (% DV)	Vitamin D (% DV)	Potassium (% DV)	Vitamin A (% DV)
Black Cherry	1 container (170g)	170	2g	1.5g	0g	10mg	95mg	28g	0g	27g	20g	7g	20%	0%	15%	6%	20%
Blueberry	1 container (170g)	170	2g	1.5g	0g	10mg	90mg	29g	0g	27g	20g	7g	20%	0%	15%	6%	20%
Peach	1 container (170g)	170	2g	1.5g	0g	10mg	90mg	29g	0g	28g	20g	7g	20%	0%	15%	6%	20%
Raspberry	1 container (170g)	160	2g	1.5g	0g	10mg	95mg	28g	0g	26g	19g	7g	20%	0%	15%	6%	20%
Strawberry	1 container (170g)	160	2g	1.5g	0g	10mg	95mg	28g	0g	26g	19g	7g	20%	0%	15%	6%	20%
Vanilla	1 container (170g)	140	2.5g	1.5g	0g	10mg	100mg	21g	0g	21g	13g	8g	20%	0%	15%	8%	20%
Vanilla (32oz Quart)	2/3 c / (170g)	140	2.5g	1.5g	0g	10mg	105mg	20g	0g	20g	12 g	8g	20%	0%	10%	8%	20%



Black Cherry: Pasteurized Grade A Lowfat Milk, Cane Sugar, Black Cherries, Modified Corn Starch, Gelatin, Cherry Juice Concentrate, Lactase, Natural Flavor, Citric Acid, Fruit and Vegetable Juice (for color), Apple Juice Concentrate, Culture, Vitamin A Palmitate, Vitamin D3.



Blueberry: Pasteurized Grade A Lowfat Milk, Cane Sugar, Blueberries, Modified Corn Starch, Gelatin, Natural Flavor, Blueberry Juice Concentrate, Lactase, Fruit and Vegetable Juice (for color), Culture, Vitamin A Palmitate, Vitamin D3.



Peach: Pasteurized Grade A Lowfat Milk, Cane Sugar, Peaches, Modified Corn Starch, Gelatin, Natural Flavor, Lactase, Annatto Extract (for color), Culture, Vitamin A Palmitate, Vitamin D3.



Raspberry: Pasteurized Grade A Lowfat Milk, Cane Sugar, Raspberries, Modified Corn Starch, Natural Flavor, Gelatin, Lactase, Raspberry Juice Concentrate, Fruit and Vegetable Juice (for color), Culture, Vitamin A Palmitate, Vitamin D3.



Strawberry: Pasteurized Grade A Lowfat Milk, Cane Sugar, Strawberries, Modified Corn Starch, Natural Flavor, Gelatin, Strawberry Juice Concentrate, Lactase, Fruit and Vegetable Juice (for color), Culture, Vitamin A Palmitate, Vitamin D3.



Vanilla: Pasteurized Grade A Lowfat Milk, Cane Sugar, Natural Flavor, Gelatin, Lactase, Culture, Vitamin A Palmitate, Vitamin D3.

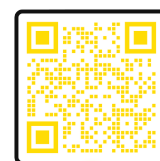
Yami Lowfat	ADP Code	Pkgs	Item Code	UPC Code
Blueberry	4901	12/6 oz		0 11384 16001 3
Peach	4905	12/6 oz		0 11384 16005 1
Raspberry	4907	12/6 oz		0 11384 16007 5
Strawberry	4908	12/6 oz		0 11384 16008 2
Vanilla	4910	12/6 oz		0 11384 16010 5
Black Cherry	4911	12/6oz		0 11384 16011 2
Vanilla (Quart)	4925	6/32 oz		0 11384 13215 7



**MADE WITH
LIVE & ACTIVE
CULTURES**



**ALL FLAVORS
CONTAIN MILK.**



SCAN ME